

Use these activities at the start of a meeting to get to know each other better. Building a mentoring relationship is like any other relationship, it takes time and sharing of yourself. Have fun and open up to your mentor connection!

- **Tell your 3-minute life journey story**
  - Who are you?
  - How did you get where you are today?
  - What's the timeline of your life?
  - What are success and challenges you have had?
  
- **Speed Connection Game**
  - Go through the following list of questions taking no more than 2 minutes to answer each question per person
  - Pick 3-4 questions each time you do this, or it gets too long and a little exhausting
    - What's the best meal you've ever had?
    - What is your best virtual work/school hack?
    - What is an object in your home that has a special meaning to you?
    - What was your first job?
    - Do you have any side hustles or have an idea for a side hustle?
    - What was your last series binge?
    - Favorite desert?
    - If you won the lottery, what would you do first?
    - What is your dream vacation location?
    - Phone call, text message, email, Slack, Teams, etc – what is your preference and why?
    - Favorite book
    - What did you want to be when you "grew up" when you were five?
    - If I were visiting your home town, what's something you would recommend I do?
    - What's your favorite scent?
    - If you could learn one new professional skill, what would it be?
    - How do you stay motivated?
    - What's your number one tip to deal with distractions?
    - If they made a movie about your life, what song would you pick as the theme song?
    - If you had to delete all but three apps from your phone, what would you keep?
    - Which Olympic sport do you wish you had the skill to do?
    - What's your favorite holiday tradition?
    - Cat/Dog or other? What's your favorite pet animal?
    - If you could time travel, what year would be the first place you visit?
    - Salty or sweet? What is your favorite snack?
    - What's something you have done that has fallen off your resume as you have gotten more experience?

- What do you like about your name?
- What's the best piece of advice you've ever received?
- What time of day do you have the most energy to get stuff done?